**WOODLANDS CHURCH**

**January 7th 2018. Up In Out**

**Discussion notes: Luke 6:12-19**

Mike Brean, formerly the vicar of St Thomas Crooks, Sheffield, uses ‘life shapes’, kingdom geometry to help visualise some dynamics of discipleship (c.f. the Passionate Church by Brean and Kallestad ISBN: 0-78144-227-3). The balanced life is symbolised by the triangle which point to three essential dynamics of Christianity, orientation upwards toward God, inwards in fellowship and discipleship and outwards into service and mission in the world.

1. In the passage from Luke’s gospel how does Jesus reflect the balanced life. What are his priorities?
2. Mike Brean suggests that many Churches incorporate two of the three dynamics as strengths, but to fund all three is desirable but rare. What would an Up and In church look like?
3. How about an ‘up and out ‘ church ?
4. What sort of Church might be strongest in ‘in and out’?
5. How strong is Woodlands in each of these areas? And for you personally, do you have a balanced Christian life?

Reflect how as a small group the elements of Up, In and Out could be part of your wholistic balanced life as a group.