



PRAYER GUIDE:

One Hour

PREPARATION: 7 minutes

4 Minutes: Beginning Prayer

Give yourself to God for this hour and lay down distractions, turn off your phone or put on silent mode. Write anything down that you need to remember and put distractions away, and find a quiet space. Ask God to help you spend this time fruitfully with Him. Ask for the Holy Spirit to fill you and guide you. Spend a few minutes in silence, aware of the presence of God with you and ask him to quiet your mind and soul.

3 Minutes: Confession

Spend a couple of minutes going over with God any sin which weighs on you. Read 1 John 1:9. Ask for His cleansing, then accept it by faith and thank God for it. He is far more willing to forgive than you are to ask. Don't let your own

PRAISE AND THANKSGIVING: 5 minutes

Worship God for being so amazing.

Listen to some worship or read a favourite Psalm. Thank Him for his goodness to you, your friends and family, be specific! Psalm 22 speaks about God inhabiting the praises of His people. As you worship Him, enjoy His presence. Write some specific things down that you are thankful for.

PETITION: 5 minutes

Pray about life's difficulties.

Use this time to talk over with the Lord your own personal struggles. Discuss with Him the relationships with your special people, spouse, parents, family, close friends. Tell him about your hang ups, your fears, your financial needs and your job. Begin to pray for the needs of others, knowing that God is always listening to us and is for us, he wants to bless us and help us, so be completely honest and bold.

INTERCESSION : 40 mins

5 Minutes: Pray for people you know and love to come to faith in Jesus

You can boldly ask for their salvation because Jesus died for them. Ask God to bring Christians into their lives, pray for the Holy Spirit to draw them to Jesus and to give you and others opportunities to witness. Pray for those in special need, pray for healing and provision. Name them before God, write them down in a prayer journal or on some paper to put on your door, fridge or wall and name them before God every day.

15 Minutes: Pray for Woodies

Pray for Woodlands' needs this term particularly opening the building gradually within the Covid guidelines. Pray that we as a community would have a deep renewal of love for God and openness to the Holy Spirit. Pray for Woodies leaders that they would be renewed in hope and vision for the term ahead, for them to be led by the Holy Spirit in moving forward as we start using the building more.

Choose one ministry below to cover in prayer for 10 mins...

Ruth Morgans and Janine would love you to pray for **Children's Ministry** going forward:

- Please pray for peace in times of uncertainty and calm in the midst of anxiety. Please pray for the strength and unity of family units and that our children and families will feel the tangible closeness of God and the strength and connection of church community even though we aren't able to gather in person.
- Please pray for wisdom for the children's church team as we strive to find new and exciting digital ways to engage and inspire children in their faith journey, to help them grow in a two way, vibrant relationship with the God who created, loved and saved them.
- Please pray as we seek to effectively equip and empower parents to disciple their children at home and for creativity and innovation as we explore what the next steps for children's ministry are, and for volunteers to facilitate this.

Joe Cook and team would love you to pray for **Devo**:

- We are moving back to socially distanced in-person Devo. Please pray for us as that this would run smoothly and that we would be able to make all young people feel welcome in this new way of doing things. Also, pray for our team as they go about leading this.
- We really really really need more adult volunteer team. Pray that people who are passionate about sharing Jesus with young people would get in touch with us.
- Please pray for our young people- in these challenging times- pray they would know the love that God has for them. Pray for them also as they go back into school, that they would know the peace of God and be agents of change in their schools!

- This time of year is full of transitions- please pray for our new year 7 + 8s who are joining Friday Devo, but also our ex year-13s who are moving out of Devo. Pray that this transition time would be one of growth for all our young people.

Amy Viner would love you to pray for **Students:**

- Prayer for protection over their mental health as they return/come to a new city. I've had lots of messages from people saying their anxiety has increased during lockdown and they're nervous about change and how that will affect them.
- That those seeking church will find it easy to access and feel welcomed into our community - Freshers are being put in bubbles within their halls, so prayer that they will have good relationships with their flat mates who they'll spend the majority of their time with.

Johnny Walker would love us to pray for our **Global Partners:**

- Wisdom: that our Global partners will be able, during the continued travel restrictions and distancing worldwide that hamper their work, to see new opportunities to come alongside those they love and serve with the good news of Jesus.
- Faith: that the prayers of Paul to the Philippians 1:9-11 is prayed over each of our global partners, to help them flourish in their personal faith.
"And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless for the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God."

Our Global Partners are:

Debbie - Germany

Catherine - Bristol and South Asia

Elaine, Matthew & Helen - Himalayas

Jame & Juliette - East Asia

Julian & Mei-Hwa - Middle East

Annet: Middle East

Samm & Andy - Hungary

Juliette D - Easton

Charmian & Dennis - Peru

Amy - Indian ocean Islands

Chris & Mandy - Uganda

Joshua & Sarah - Kenya

Richard & Margaret - Montpellier, France

Jo & Eric , Avignon France

Catherine - South Asia

Steve & Dawn - Avonmouth Docks Chaplain

Cath - Romania

- Witness: for us all locally at Woodies as the world comes to our doorstep, seeking knowledge and truth. That the 1,000s of International students coming this month to study at Bristol Uni, UWE and Colleges, will receive genuine acceptance and an opportunity to understand Jesus' love, through our work with BISC (Grace Kirby and team), Jaqueline Conradie -Faul (the new international chaplain at BU), the Beacons fellowship of Woodies (Young Kim) plus volunteers.

Rachel and Melissa would love us to pray for Alpha:

- Alpha is starting on October 7th so please pray that people would invite their friends and people would sign up and encounter Jesus through online Alpha and wisdom for them as they do alpha in person too, and how to follow on and disciple people from the course afterwards, when meeting in person is more challenging. Pray for people to encounter Jesus and give their lives to Him.

8 Minutes: Pray for our city and nation

Pray that God will guide Boris Johnson and those in government to navigate us through Covid going forward, for people losing jobs and facing uncertainty. Pray for Marvin our Mayor as we continue to try and keep Covid cases low in Bristol. Pray for integrity and honesty and a desire to serve the needy and the poor in the new normal of Covid and the effects it has had on our city and the poorest. Pray particularly for schools, universities and those working on the frontline in hospitals too.

10 Minutes: Pray for other Nations and the work of Christ throughout the world

Pray for those places whose countries are at war and affected by famine and disaster, especially the worst hit countries affected by Covid. Intercede for unreached peoples, call on God to send labourers into the harvest. Pray for those who are persecuted for following Jesus and for the church to be a beautiful display of God's kingdom.

OPEN the Christian Aid link to pray more specifically for how Covid is affecting the world and to pray into climate change too.

5 Minutes: Listening Prayer

Spend these last moments listening to the Holy Spirit. Ask God to speak and give you faith to keep praying for these things this week and going forward. Please do share anything you feel the Holy Spirit saying to you for Woodies and any encouragements.